

2023 SENW Summer Regional Championships

Consideration Times - Long Course Times

Times for the Swim England North West Summer Regional Championships have been generated using the Swimming Results Event Rankings taking recorded times within the North West Region achieved within the qualifying window. Therefore in some events, qualifications for younger age groups may be quicker than those of older age groups in the same event.

Please note:

These are **consideration times** NOT qualification times – whilst we endeavour to facilitate all swimmers, rejections may be necessary due to licensing restrictions and session time constraints. (A rationale will be provided if required).

Consideration times below are calculated using 'Long Course (50m) times' – however converted short course (25m) times will be permitted.

Open/Male						Events	Female					
11&12	13	14	15	16	17/Over		11&12	13	14	15	16	17/Over
32.40	30.20	29.50	28.48	27.90	27.22	50m Freestyle	32.20	31.20	30.40	29.85	29.60	29.50
1:12.30	1:07.8	1:03.30	1:01.10	59.10	58.80	100m Freestyle	1:11.38	1:07.92	1:05.52	1:04.45	1:04.66	1:03.72
2:38.26	2:26.83	2:18.69	2:16.08	2:12.30	2:06.40	200m Freestyle	2:37.81	2:26.69	2:22.22	2:21.52	2:20.92	2:19.83
5:40.20	5:19.35	5:00.00	4:48.10	4:45.10	4:39.60	400m Freestyle	5:40.20	5:20.38	5:02.77	5:01.66	5:01.16	4:58.22
11:24.13	10:35.5	10:09.60	09:49.72	9:39.80	9:29.73	800m Freestyle	11:24.13	10:43.95	10:20.49	10:09.89	9:58.99	9:51.09
21:29.66	20:34.85	19:24.77	18:49.78	18:29.76	18:14.82	1500m Freestyle	21:14.09	20:29.99	19:46.09	19:16.69	18:58.29	18:44.59
44.92	40.00	38.40	35.99	35.46	35.00	50m Breaststroke	43.30	40.54	39.40	38.50	38.25	37.50
1:39.76	1:32.07	1:23.31	1:21.19	1:18.85	1:16.97	100m Breaststroke	1:35.90	1:28.60	1:27.56	1:25.5	1:24.20	1:23.80
3:33.54	3:14.40	2:59.71	2:52.71	2:51.63	2:49.64	200m Breaststroke	3:30.28	3:11.54	3:08.99	3:06.91	3:05.44	3:01.15
37.21	34.09	31.41	30.11	29.64	28.95	50m Butterfly	0:36.08	0:34.66	0:33.30	0:32.4	0:32.10	0:31.60
1:36.29	1:19.80	1:11.66	1:08.85	1:07.00	1:06.02	100m Butterfly	1:27.36	1:18.66	1:14.15	1:13.83	1:12.35	1:11.60
3:17.82	3:02.85	2:50.81	2:34.86	2:32.20	2:29.80	200m Butterfly	3:07.83	3:00.20	2:49.72	2:49.71	2:45.50	2:41.57
38.4	35.72	33.68	32.10	31.00	30.00	50m Backstroke	38.20	35.80	34.90	34.40	34.00	33.85
1:23.00	1:18.44	1:13.50	1:10.00	1:09.39	1:08.40	100m Backstroke	1:22.73	1:17.09	1:15.72	1:13.22	1:12.87	1:10.82
3:04.38	2:51.07	2:38.85	2:31.82	2:30.84	2:29.81	200m Backstroke	2:57.91	2:46.52	2:40.96	2:38.05	2:37.52	2:32.12
3:02.31	2:50.12	2:40.88	2:33.67	2:32.16	2:29.15	200m Ind. Medley	3:00.41	2:48.16	2:45.71	2:43.77	2:40.81	2:38.85
6:20.0	6:17.00	5:58.64	5:41.90	5:30.09	5:28.80	400m Ind. Medley	6:22.29	5:59.79	5:51.93	5:48.01	5:46.05	5:44.09